

ENDURO 2014

# Enduro Iceland 2014

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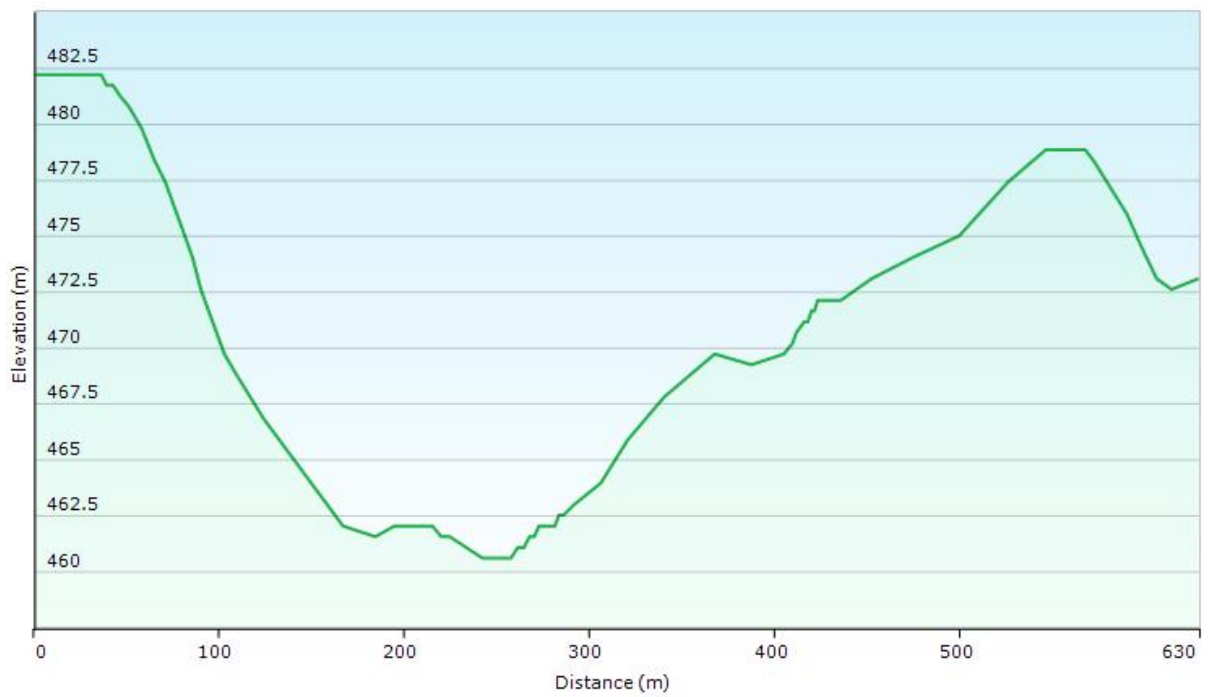
## Segments analysis

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7/27/2014

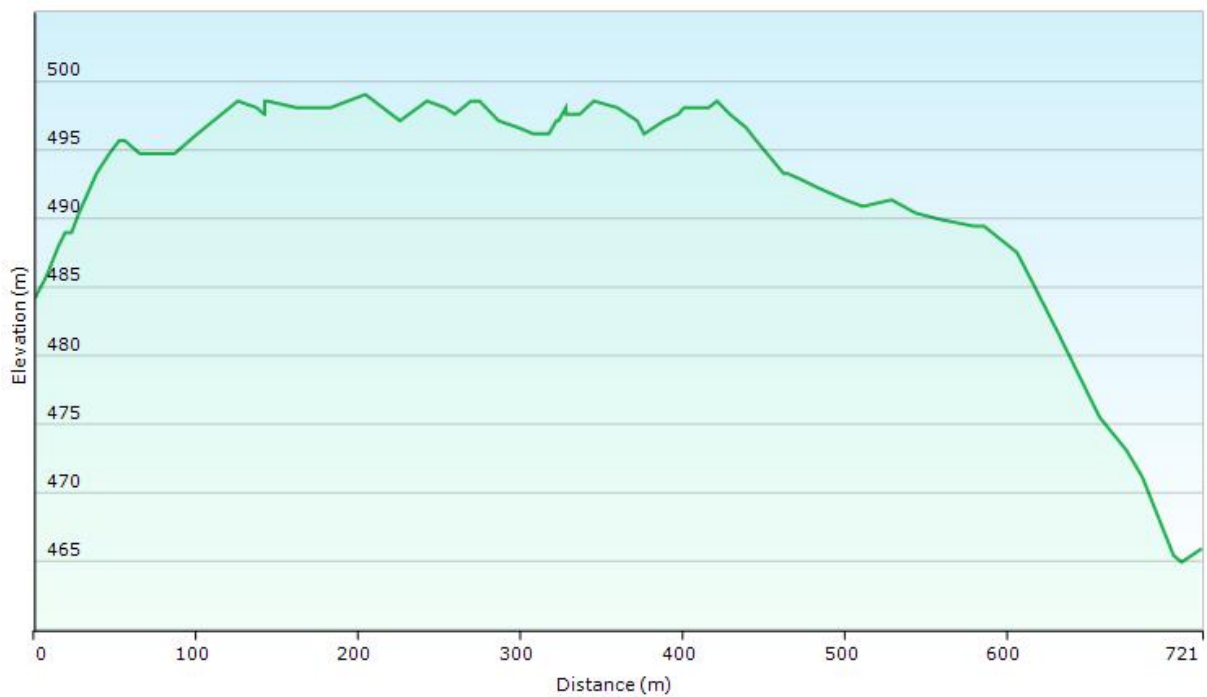
### ISEnduro14Segment01

- Moving Time: 02:53
- Dist: 630m, Asc: 18, Desc:27



### ISEnduro14Segment02

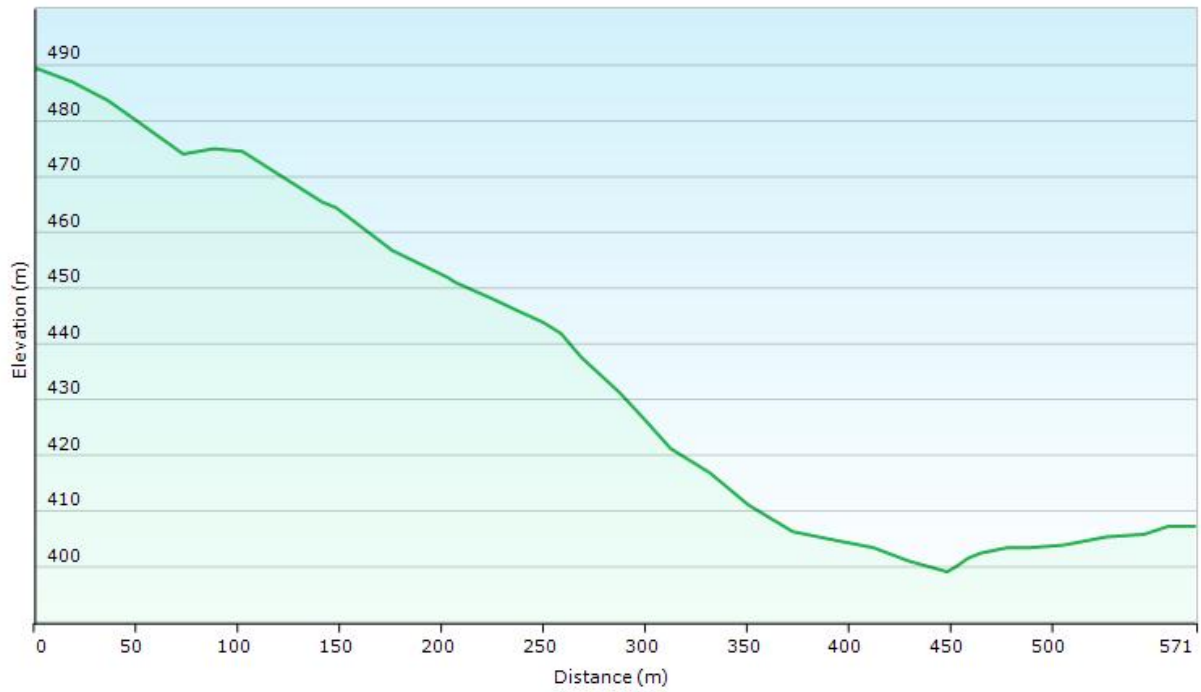
- Moving Time: 05:56
- Dist: 721m, Asc: 18, Desc:36



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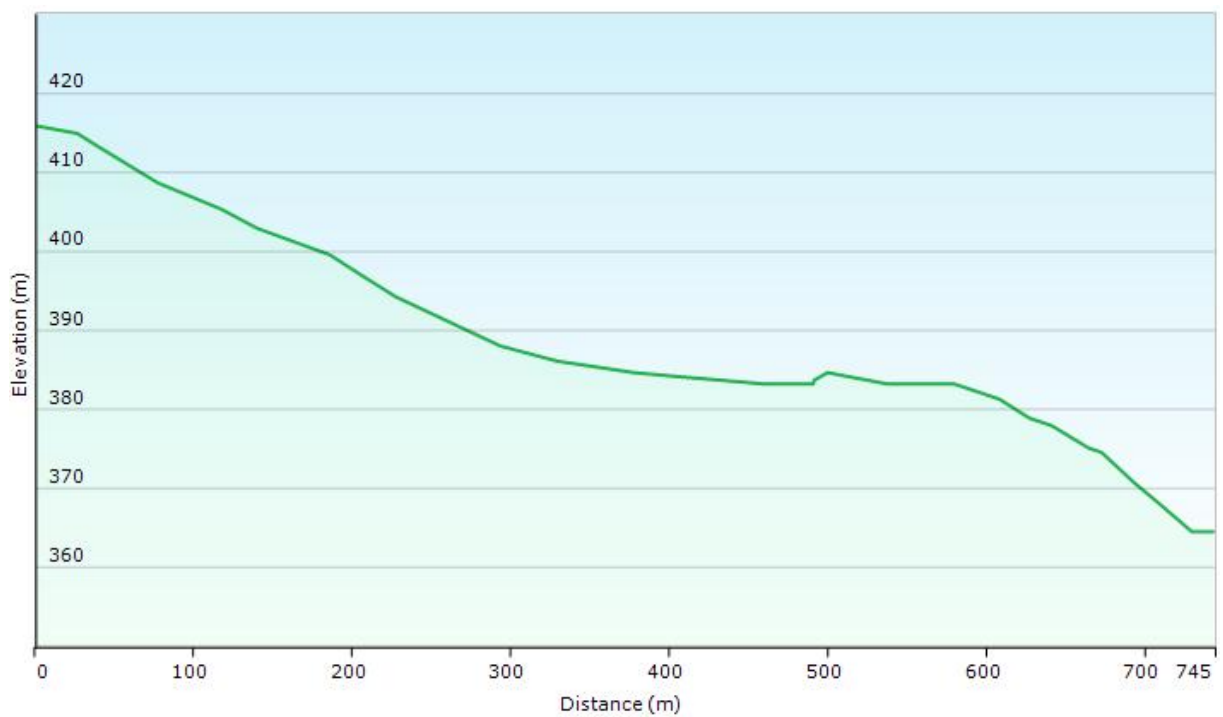
### ISEnduro14Segment03

- Moving Time: 02:46
- Dist: 571m, Asc: 7, Desc:89



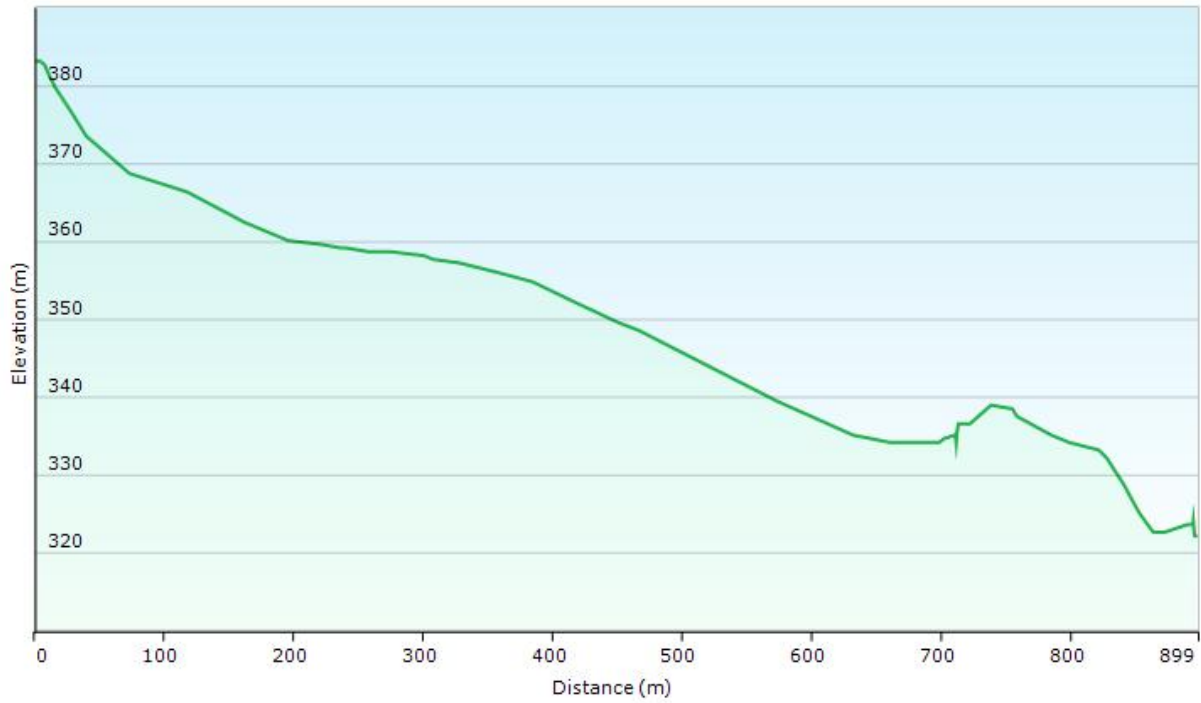
### ISEnduro14Segment04

- Moving Time: 02:32
- Dist: 745m, Asc: 1, Desc:51



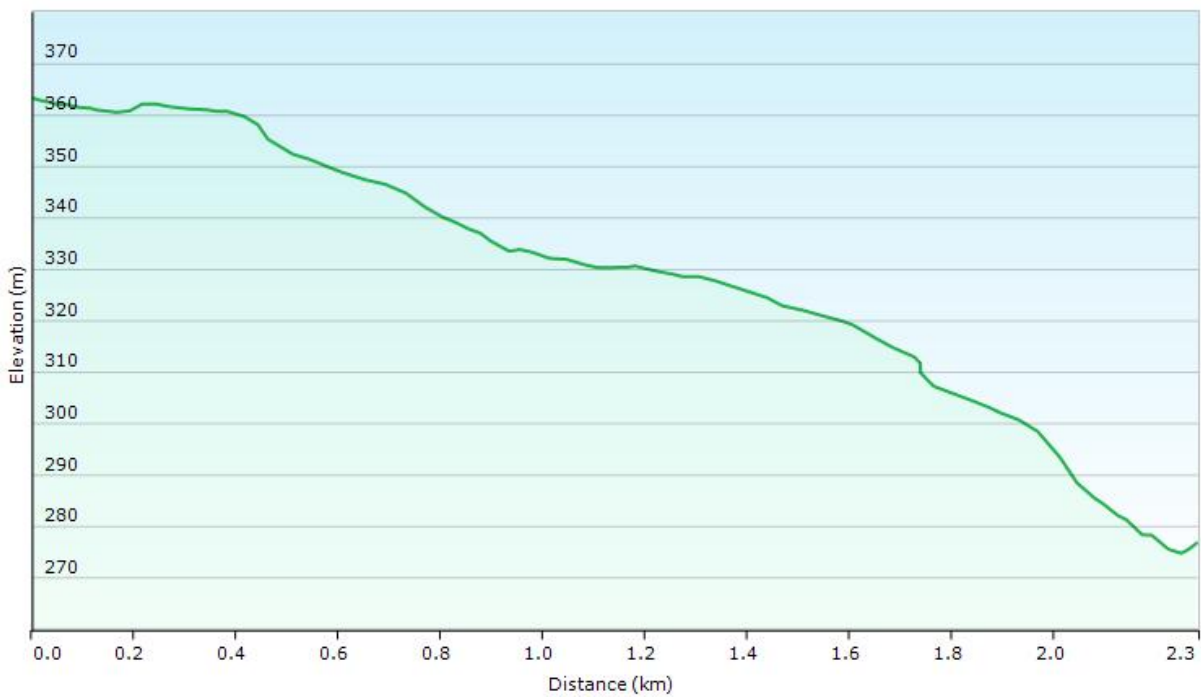
### ISEnduro14Segment05

- Moving Time: 05:38
- Dist: 899m, Asc: 4, Desc:65



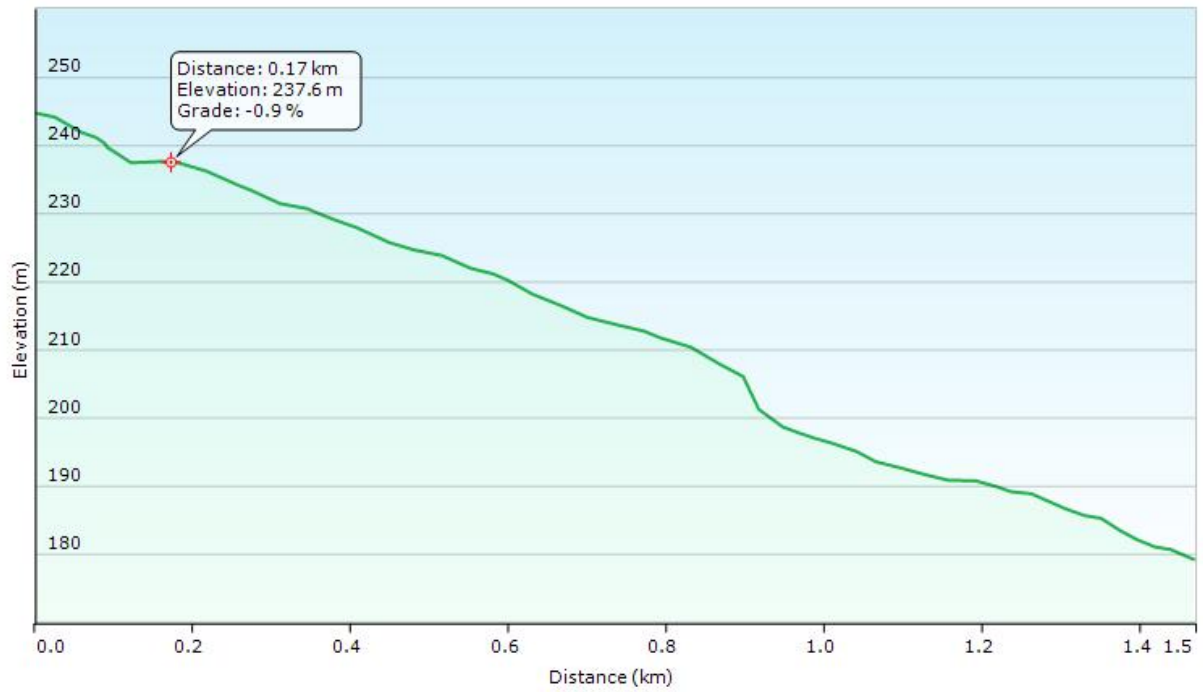
### ISEnduro14SegmentJadar01

- Moving Time: 07:58
- Dist: 2.300m, Asc: 2, Desc:90



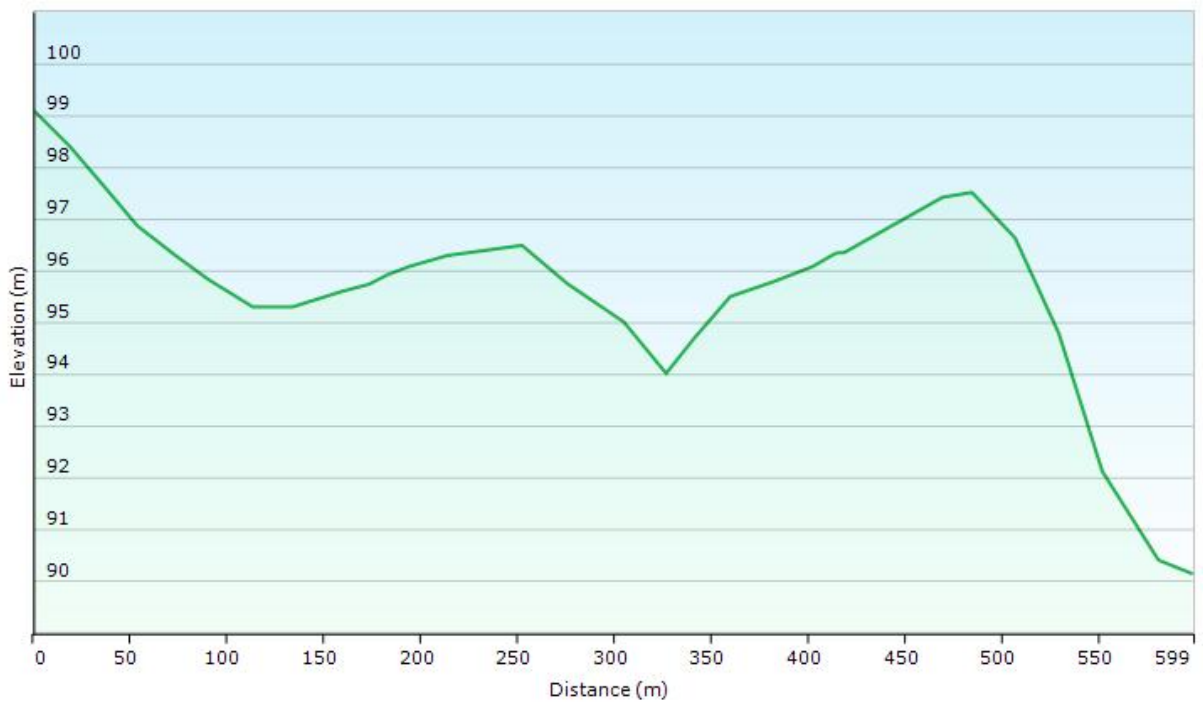
### ISEnduro14SegmentJadar02

- Moving Time: 06:01
- Dist: 1.500m, Asc: 0, Desc:65



### ISEnduro14SegmentJadar03

- Moving Time: 04:21
- Dist: 600m, Asc: 4, Desc:13



**Totals:**

	Moving Time	Dist m	Asc m	Desc m
IEnduro14Segment01	0:02:53	630	18	27
IEnduro14Segment02	0:05:56	721	18	36
IEnduro14Segment03	0:02:46	571	7	89
IEnduro14Segment04	0:02:32	745	1	51
IEnduro14Segment05	0:05:38	899	4	65
IEnduro14SegmentJadar01	0:07:58	2300	2	90
IEnduro14SegmentJadar02	0:06:01	1500	0	65
IEnduro14SegmentJadar03	0:04:21	600	4	13

<b>Total</b>	<b>0:38:05</b>	<b>7966</b>	<b>54</b>	<b>436</b>
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**Elevation Delta:**  $436 - 54 = 382\text{m}$

**Asc % :**  $54/490 = 11\%$

**Desc% :**  $436/490 = 89\%$